



Cultural beauty & gastronomy.

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ITALY | 6DAYS / 5NIGHTS

Route: from Naples to Campania

Type of tour: Gastronomy, culture

TOUR OVERVIEW

Campania is a land rich in culture, music, history, architecture and archaeological sites, including Naples, the city where the modern pizza was conceived and host to grand castles and noble palaces; Pompeii, the ancient Roman town buried in 79 AD by a massive eruption of Mount Vesuvius; Sorrento, the lively seaside resort home to the famous Limoncello; the celebrated Amalfi Coast, a UNESCO World Heritage site where a series of mountainside towns seem to tumble into the sea. Guests, through the amazing view of the coast, will have the opportunity to visit Amalfi itself, to discover the beauty of Ravello and the wonderful Positano. Campania, known by the Romans as Campania Felix - "fertile countryside" - also has a wealth of genuine tasty food, with a rich gastronomy rooted in local fresh produce. Visitors will be able to experience Colatura, the Cetara anchovy extract, and the San Marzano Tomatoes; special products of Campania.

DAY BY DAY

DAY 1 | ARRIVAL NAPLES

Arrive at the hotel in Naples. There will be time to settle in and then a welcome dinner dedicated to the typical produce of the Campania region in La Vecchia Cantina near the famous Pignasecca market. Then return to the hotel.

- **Overnight stay in Naples. Dinner included.**

DAY 2 | NAPLES

Morning departure for a guided tour of Naples and its main attractions: Dell'Ovo Castle, the Royal Palace, the Maschio Angioino and the Galleria Umberto, followed by lunch at the Antica Osteria Toledo. In the afternoon, free time to discover the city. We suggest a stroll around the streets of the famous Spaccanapoli part of town and some shopping. Pop into the Scaturchio patisserie to sample some traditional Neapolitan desserts such as the Ministeriale cake.

- **Overnight stay in Naples on a half-board basis.**

DAY 3 | POMPEII - MASSA LUBRENSE

Morning departure for Pompeii. The opulent Roman city was buried beneath the rubble from the eruption of Vesuvius in 79 AD. During the guided visit, a local guide will illustrate the habits and curiosities of the daily life of the ancient inhabitants. Transfer to the hotel Punta Campanella in Massa Lubrense, near Sorrento.

- **Overnight stay in Massa Lubrense on a bed-and-breakfast basis.**

DAY 4 | THE AMALFI COAST: AMALFI - SCALA - RAVELLO - VIETRI SUL MARE

Morning departure for what will undoubtedly be a memorable day spent in one of the most beautiful places in the world, the Amalfi Coast. The first stop is in Amalfi itself. We suggest a visit the famous Cathedral and the Valle dei Mulini, where paper was produced in ancient times. Free time for lunch followed by a visit to the Antica Pasticceria Andrea Pansa pastry shop for a tasting of the local specialities. Then visit the Azienda Agricola Valle dei Mulini distillery to taste some Limoncello and discover the secrets involved in its preparation. From here move on to Scala, one of the oldest towns along the Amalfi Coast. Continue on to the magical town of Ravello where some of the world's most famous composers like Verdi and Wagner composed their works, before arriving at the picturesque Vietri Sul Mare, world renowned for its pottery and ceramics. Free time to stroll through the pottery shops and factories before heading back to the hotel for two guided tasting of wines and/or products.

- **Overnight stay in Massa Lubrense on a bed-and-breakfast basis.**

DAY 5 | POSITANO - CETARA

Morning departure for Positano. Leaving Sorrento, the road first winds its way up through some wonderful gardens and fruit groves where grapes, lemons and figs grow abundantly side by side looking out over the crystal waters of the sea below. Then the road winds around the cliffs and the incredible views of the sea and the coastline can be admired while descending into Positano. Arrive in Positano, with its wonderful whitewashed houses and balconies draped with bougainvillea that fall in a cascade of colour against the mountain rock. Take the opportunity to relax, wander around the shops and stroll down to the beach. Free time for lunch. On the return journey, stop at the magnificent Grotta dello Smeraldo (Emerald Grotto). Cetara, one of the smallest fishing villages along the coast, is one of Campania's best producers of the traditional colatura di alici (amber anchovy sauce) can be found. Visit the village and enjoy some time free time to stroll around the tiny streets discovering shops such as Nettuno and I Sapori Cetranesi that offer typical local produce like the colatura and vegetables preserved in oil. Traditional dinner with a talk on the typical cuisine of the Amalfi Coast will be hosted at Il Convento restaurant, located in the cloister of an ancient convent. Return to the hotel.

- **Overnight stay in Massa Lubrense on a half-board basis.**

DAY 6 | DEPARTURE CAMPANIA

Breakfast at the hotel and then transfer to airport.

END OF SERVICES

INCLUDED

TOUR GUIDE:

- Local guides
 - 1 guided half-day tour of Naples (3 hours)
 - 1 guided half-day visit of Pompeii (2 hours)

ACCOMMODATION:

- 5 NIGHTS ACCOMMODATION
 - 4* charming hotels and/or historical residences

ENTRANCE FEES AND ACTIVITIES:

- ALL ENTRANCE FEES MENTIONED

TRANSPORT:

- CAR RENTAL

MEALS:

- Daily breakfast buffet
- 2 dinners and 1 lunch at "Osterie d'Italia", a typical Slow Food restaurant
- 2 guided tastings of Slow Food wines and/or Presidia products from the Campania region

NOT INCLUDED

- Tips
- Visa fees
- Personal expenses
- Optional excursions
- Meals and drinks not listed
- Arrival and departure flights