



African Travel Concept



destination
services

Local experts for



Western Cape highlights.

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SOUTH AFRICA | 8DAYS / 7NIGHTS

Route: from and to Cape Town

Type of tour: Culture, gastronomy

TOUR OVERVIEW

The very best in South African gastronomy and culture is the main feature of this tour. Guests will sample the finest wines and the very best cuisine from the home of one of South Africa's finest Michelin-star decorated chefs, Reuben Riffel. Then discover the sights and sounds of the most important Western Cape landmarks and adventures, before relaxing under the tropical evening sun with a cool sundowner.

DAY BY DAY

DAY 1 | ARRIVAL CAPE TOWN - FRANSCHHOEK

Upon arrival to Cape Town International Airport, you will be collected by a local English-speaking guide, who will take you to your accommodation in Franschhoek. The day will be free for you to tour Franschhoek at leisure or take an optional tour of the Franschhoek area on the Wine Tram hop-on hop-off tour. The Wine Tram tour is one of the best ways to discover the true essence of the Franschhoek Valley - discover the picturesque vineyards, breathtaking scenery, warm hospitality, world-class cuisine, fine wines and a 300-year history. (Tour departs every 45 min between 10:00 and 14:30).

- **Overnight in Franschhoek on a half-board basis.**

DAY 2 | FRANSCHHOEK

The day starts with brunch and a demonstration from one of South Africa's finest Michelin-star decorated chefs, Reuben Riffel, who will be the host for the next exciting three days. After the brunch and demonstration at Reuben's house, the transfer to the hotel for some time to relax and freshen up before a 'braai' (a South African barbecue) demonstration and vintage wine tasting on a local wine farm.

- **Overnight in Franschhoek on a full-board basis.**

DAY 3 | FRANSCHHOEK

After breakfast at the hotel, take a garden tour at a local wine estate that includes coffee/tea and biscuits. After which will be a chocolate demonstration, wine blending demonstration and local spirit tasting followed by a tapas lunch at a local restaurant. Then, enjoy a cava tasting sundowner (drinks at sunset) and canapés in the mountains before dinner at Chef Reuben Riffel's house.

- **Overnight in Franschhoek on a half-board basis.**

DAY 4 | FRANSCHHOEK - HERMANUS

Today starts at Chef Reuben Riffel's house for a breakfast/brunch demonstration. This will be the last day that Reuben will be the host, and as a parting gift, all guests will receive a personal cookbook with all the heavenly recipes to take home. After, transfer to Hermanus. The village is situated at the end of Walker Bay and is well known for the whales that come from July to November to mate and calve. The Southern Right whale is the most common to be seen. Many walking trails lead through nearby nature reserves with unique fynbos. A visit to one of the wineries of the Hemel-en-Aarde Valley is recommended as well as a drive to the nearby village of Stanford.

- **Overnight in Hermanus on a half-board basis.**

DAY 5 | HERMANUS - CAPE TOWN

The day is free for to spend at leisure. Have an opportunity to visit the Harold Porter Botanical Garden. The garden comprises of cultivated fynbos and pristine natural fynbos. The garden is a part of Kogelberg Biosphere Reserve, home to some 1,650 plant species and one of the world's hot spots of botanical diversity. Another option would be to discover Cape Town at your own pace. Cape Town was founded by the Dutch East India Company in 1652 as a refreshment station for their ships on the way to the riches of the East. A visit of the city centre with its many historical buildings of different architecture and a trip with the cable car to the top of Table Mountain is highly recommended. The Victoria & Alfred Waterfront would be another option and considered to be one of the main attractions. Here you can find numerous bars, restaurants, boutiques and shops, cinemas and the aquarium, all combined with the continuous activity of a working harbour. For the more adventurous guest, we would highly recommend to take an optional shark-cage diving excursion. The excursion would include the transfer from the hotel to Gansbaai for the encounter with the great white shark. A dive catamaran takes you out to sea where you receive an informative briefing before entering a cage, which is lowered to get you up-close and personal with the white sharks. Lunch and refreshments on board before returning to Gansbaai. A less adrenalin-packed optional tour would be wine tasting at two prestigious wine estates situated in the Hemel-en-Aarde Valley. The tour would travel along the beautiful coastal road from Gordon's Bay to Betty's Bay.

- **Overnight in Cape Town on a bed-and-breakfast basis.**

DAY 6 | CAPE TOWN

Today is free for you to spend at leisure. We have several suggested optional activities, such as touring the Cape Peninsular by bike. See the penguins at Cape Point and enjoy easy riding through spectacular scenery of Cape Point Nature Reserve, finishing with a great wine tasting at the oldest wine farms in the Cape. A slightly more adventurous option would be paragliding above the beaches of Camps Bay and Clifton with the city of Cape Town, Table Mountain and the Twelve Apostles as a backdrop. This optional tour would take off from Lions Head.

- **Overnight in Cape Town on a bed-and-breakfast basis.**

DAY 7 | CAPE TOWN

Enjoy another day to do as you would like. We have several suggested optional activities. For the more adventurous guests, take an abseiling adventure. The world's highest commercial abseil starts 1,000m above sea level to abseil down into pure oblivion. Enjoy awesome views of the city of Cape Town, Chapmans Peak and the deep blue Atlantic of Camps Bay and the Clifton coastline at your feet. Another option is a tour of Cape Town by foot. The tour visits a 17th century water reservoir, the historic Grand Parade lined by the Castle, old Drill Hall and magnificent City Hall. The guests would be introduced to stunning architecture, murals, the popular flower market and the impressive Standard Bank Building. Along the route, pass Church Square, the Groote Kerk and original Slave Lodge, then walk into the former Dutch East India's Company's Garden, today a green oasis in the middle of the town. On this part of the excursion the main focus is on the parliamentary buildings, the National Library, the SA Museum, National Art Gallery and Jewish Museum before retracing your steps to St. George's Cathedral, known as the "Peoples' Cathedral". The excursion then leaves the city centre behind and make its way to the original Muslim area of Cape Town, the Bo-Kaap, famed today for its quaint colourful houses. From here, the tour weaves back towards the city and Greenmarket Square.

- **Overnight in Cape Town on a bed-and-breakfast basis.**

DAY 8 | DEPARTURE CAPE TOWN

Transfer to the airport for departure flight.

END OF SERVICES

INCLUDED

TOUR GUIDE:

- English-speaking guide

ACCOMMODATION:

- 7 nights

MEALS:

- 7 breakfasts, 4 lunches, 2 dinners
- 1 cookbook by Reuben

TRANSPORT:

- Transport

ENTRANCE FEES AND ACTIVITIES:

- As stipulated in itinerary

OTHERS:

- TIPS AND PORTERAGE - At airport and hotels
- TAX - 14% VAT, service fee and 1% tourism levy

NOT INCLUDED

- Tips
- Visa fees
- Meals and drinks - not listed
- PERSONAL EXPENSES
- TRAVEL INSURANCE
- ENTRANCE FEES AND ACTIVITIES - Not included in the itinerary
- Flights – Arrival and departure